

1. Sick people don't have anything you want to share.
2. Air goes in and out, blood goes round and round - any variation on this is a bad thing.
3. You can't cure stupid
4. If it's wet and sticky and not yours, leave it alone!
5. "When in trouble, when in doubt, run in circles, scream and shout".

## First Aid in a Nutshell



*Feel free to print and use this cartoon in any way to promote safety in your workplace.*